

# July 2010

## House Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b>	<b>2</b>	<b>3</b>
				9:30 AM Exercise SH  10:00 AM Chair Exercise on 2nd Floor  1:00 PM Bible Study 2nd Fl.  1:30 PM Wii Time SH	9:00 AM Better Balance SH 9:45 AM Current Events SH 10:00 AM Chair Exercise on 2nd Floor 2:00 PM Manicures 4th Fl. 4:00 PM Baseball Game & Dinner SH 6:00 PM Piano Music in Lounge	9:30 AM Exercise SH  2:00 PM Radio Enthusiasts of Puget Sound SH
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
4:30 PM -6:00 PM Special Dinner Buffet  Independence Day!	9:00 AM Better Balance SH 10:00 AM Chair Exercise on 2nd Floor  2:00 PM Patriotic Sing-Along 2nd  Independence Day Holiday	9:00 AM Coffee on 2nd Fl. 9:30 AM Exercise SH  10:00 AM Chair Exercise on 2nd Floor  3:00 PM Retirement Party for Sally Holmes 2nd Fl.	9:45 AM -11:00 AM Ballard Shopping  10:00 AM Chair Exercise on 2nd Floor  2:00 PM Memorial Service for Annie Sather SH  6:15 PM Bingo! SH	9:30 AM Exercise SH 10:00 AM Chair Exercise on 2nd Floor 1:00 PM Bible Study 2nd Fl.  2:00 PM Dog Show SH  3:15 PM Happy Hour! MDR	9:00 AM Better Balance SH 9:45 AM Current Events SH 10:00 AM Chair Exercise on 2nd Floor  1:30 PM -3:00 PM Walking at Golden Gardens	9:30 AM Exercise SH  10:00 AM Dog Visit 3rd Fl.
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
7:00 PM Vespers SH Ron Davids	9:00 AM Better Balance SH 10:00 AM Chair Exercise on 2nd Floor  2:15 PM Bookmobile ML 3:00 PM Reading with Molly 5th Fl.	9:00 AM Coffee on 2nd Fl. 9:30 AM Exercise SH  10:00 AM Chair Exercise on 2nd Floor  7:00 PM "Happiest Rest Home On Earth 2" SH	10:00 AM Chair Exercise on 2nd Floor  1:15 PM Ballard Shopping	9:30 AM Exercise SH 10:00 AM Chair Exercise on 2nd Floor 1:00 PM Bible Study 2nd Fl.  1:30 PM Wii Time SH 7:00 PM "Happiest Rest Home On Earth 2" SH	9:00 AM Better Balance SH 9:45 AM Current Events SH 10:00 AM Chair Exercise on 2nd Floor 2:00 PM Manicures 4th Fl. 6:00 PM Piano Music in Lounge	9:30 AM Exercise SH  2:00 PM "Happiest Rest Home On Earth 2" SH  2:00 PM Knitting & Crocheting 5th Fl.
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
7:00 PM Vespers SH Pastor Dwight Paulson	9:00 AM Better Balance SH 10:00 AM Chair Exercise on 2nd Floor	9:00 AM Coffee on 2nd Fl. 9:30 AM Exercise SH 10:00 AM Chair Exercise on 2nd Floor 3:00 PM Reading with Molly 5th Fl.	9:30 AM Manicures 4th Fl.  10:00 AM Chair Exercise on 2nd Floor  1:15 PM Fred Meyer Shopping  6:15 PM Bingo! SH	9:30 AM Exercise SH 10:00 AM Chair Exercise on 2nd Floor 1:00 PM Bible Study 2nd Fl.  1:30 PM Wii Time SH 3:15 PM Happy Hour! MDR	9:00 AM Better Balance SH 9:45 AM Current Events SH 10:00 AM Chair Exercise on 2nd Floor  10:45 AM Tulalip Casino Trip	9:30 AM Exercise SH
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
7:00 PM Vespers SH The Ockwell Family	9:00 AM Better Balance SH 10:00 AM Chair Exercise on 2nd Floor 3:00 PM Reading with Molly 5th Fl.	9:00 AM Coffee on 2nd Fl. 9:30 AM Exercise SH 10:00 AM Chair Exercise on 2nd Floor 2:00 PM Concert-Mallick Brothers MDR 5:00 PM Baseball Game & Dinner SH	10:00 AM Chair Exercise on 2nd Floor  1:30 PM -3:00 PM Scenic Drive	9:30 AM Exercise SH  10:00 AM Chair Exercise on 2nd Floor  1:00 PM Bible Study 2nd Fl.  1:30 PM Wii Time SH	9:00 AM Better Balance SH 9:45 AM Current Events SH 10:00 AM Chair Exercise on 2nd Floor 2:00 PM Manicures 4th Fl. 6:00 PM Piano Music in Lounge	9:30 AM Exercise SH